# STAGE 4 - OBSERVATION SHEET

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| Assessor name: |  |
| Date: |  | Centre: |  |

# STAGE 4 COACHING DRESSAGE - OBSERVATION SHEET

**PLEASE HOLD ONTO OBSERVATION SHEETS FOR 3 MONTHS. CONFIDENTIALLY DESTROY AFTER THIS TIME**

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| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO1 – VIVA Understand how to coach  | 1.1 Explain techniques used in coaching |  |  |
| 1.2 Explain factors which impact on coaching approaches |
| LO2 - Be able to coach safely | 2.1 Maintain health, safety and welfare of horse, self and others |  |  |
| LO3 – Be able to communicate effectively whilst coaching | 3.1 Demonstrate effectivecommunication skills |  |  |
| LO4 - Be able to coach a rider on the lunge | 4.1 Explain the benefits for riders of working on the lunge |  |  |
| 4.2 Explain the requirements of a lunge horse |
| 4.3 Assess the suitability of the horse for lungeing |
| 4.4 Ensure the horse is lunged using suitable techniques |
| 4.5 Assess the rider’s strengths and areas for development |
| 4.6 Plan the lesson |
| 4.7 Use exercises to improve the rider’s position |
| 4.8 Evaluate the lesson |
| 4.9 Provide a plan for future development |

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| Learning Outcomes | Assessment criteria | Candidate name/ number | Candidate name/ number |
| LO5 - Be able to coach a group of riders using poles | 5.1 Assess horse and rider strengths and areas for development |  |  |
| 5.2 Coach to improve horse and rider ability and confidence |
| 5.3 Evaluate the lesson |
| 5.4 Provide a plan for future development |
| LO9 - Be able to coach a private dressage lesson at Elementary level | 9.1 Assess the horse and rider's strengths and areas for development |  |  |
| 9.2 Coach to improve the rider’s and horse’s ability and confidence |
| 9.3 Use exercises to improve rider and horse performance |
| 9.4 Evaluate the lesson |
| 9.5 Provide a plan for future development |
| LO11 - Be able to coach a semi private dressage lesson at Novice Level | 11.1 Assess horse and rider strengths and areas for development |  |  |
| 11.2 Coach to improve the horse and rider ability and confidence |
| 11.3 Use exercises to improve horse and rider performances |
| 11.4 Evaluate the lesson |
| 11.5 Provide a plan for future development |

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