

Platinum Leadership Awards



Team Player EXPLORER CHALLENGE

Show off and share your teamwork skills by organising three different team building sessions for a group to take part in.

As a team use all your knowledge of teamwork and your planning skills to put on a team building activity including ice breaker, main and reflection activities suitable for one of the following:

- Bronze or Silver Leadership group
- Pony Stars group
- Pony/Horse day camp

Work as a team to create the sessions including a plan of the activities and a risk assessment. Each team member should lead a different section.

You might want to allocate a specific group to the participants or allow them to choose. Ideally it should be for a group they don't know but if circumstances dictate, they could be split into smaller groups and plan sessions for each other.

Each session must contain an ice breaker, main activity and wrap up/reflection activity. Participants should risk assess each element. The coach is responsible for checking these are in place.

Sessions should be a minimum of 45 mins.

Possible focus of the activities could be:

- Build friendships within the group
- To improve communication skills
- Building trust
- Problem Solving

Examples of activities include:

- Delivering section of the Bronze or Silver Team Player Awards using the booklet and team building suggestions from the session plans
- Group tasks for Pony Stars Activities – could be to support a specific topic or theme they are learning about
- An activity session during a holiday club day to encourage interaction between participants

Useful weblinks:

ventureteambuilding.co.uk/how-to-run-a-team-building-session-if-youve-never-done-it-before/#.Ysw9TnbMltw

Activities for kids:

www.sessionlab.com/blog/team-building-activities/

unicefkidpower.org/fun-team-building-activities-for-kids/

ventureteambuilding.co.uk/team-building-activities-for-kids/#.Ysw_VHbMltw

Activities for teenagers:

unicefkidpower.org/team-building-activities-for-teenagers/

www.developgoodhabits.com/team-building-activities-teens/



**HORSE
EXPLORERS**

Part of the Challenge Awards

Platinum Leadership Awards



ventureteambuilding.co.uk/team-building-activities-for-teens/#.Ysw_nXbMltw

Activities for adults:

blog.sage.hr/top-50-team-building-games-employees-love-play/

huddle.com/blog/team-building-activities/

Checklist for achievement

<ul style="list-style-type: none"> • Ideas suggested and discussed as a team 	<p><i>Take an active part in group discussion, listen, feedback, make suggestions.</i></p>
<ul style="list-style-type: none"> • Teambuilding activities chosen 	<p><i>Suitable range of exercises selected and resources identified</i></p>
<ul style="list-style-type: none"> • Teamwork skills demonstrated 	<p><i>Ground rules established and followed Interaction, positive attitude, clear communication written and verbal, listening, tasks achieved, Activities allocated between group. Roles and responsibilities allocated</i></p>
<ul style="list-style-type: none"> • Leadership skills demonstrated 	<p><i>Responsibilities and tasks allocated and completed, clear communication written and verbal, feedback collected and given</i></p>
<ul style="list-style-type: none"> • Session plan created and followed 	<p><i>Task list written and timeline produced, potential problems identified and solutions suggested, changes made as required, risk assessed activities with coach. Recorded in booklet</i></p>
<ul style="list-style-type: none"> • Sessions delivered 	<p><i>Activity successfully carried out. Clear communication and interaction with the group, feedback collected from participants and acted on</i></p>
<ul style="list-style-type: none"> • Self-reflect 	<p><i>Questions answered in booklet, discussion with team and with coach.</i></p>

Things to consider

- Although the group should take the lead in planning and organising the coach will need to support with the risk assessment. Involve the participants in writing the risk assessment as part of the plan.
- The planning should be done by the group with minimal input from the coach. They could present their plan for checking and challenging by the coach to make sure the plan will be successful.
- The group should arrange regular catch-up meetings with their coach to make sure everything is on track.
- Participants should consider inclusivity when choosing activities.
- If another group isn't available participant can deliver the sessions to the rest of the Explorer Team
- The sessions should be at least 45mins