

# HORSE RIDING IN SCOTLAND

How each of us behaves affects everyone else – be an ambassador for responsible horsemanship

## STAY SAFE



If you feel unwell, stay home and self-isolate



Wear gloves or use hand sanitiser after touching gates



Listen and watch out for other people. Slow down and give way.



Know your limits and stay within your ability level

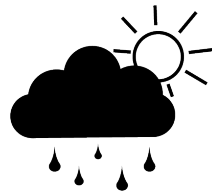
## PLAN AHEAD



Check and respect local lockdown restrictions



Check parking is open and has sufficient space



Check the weather forecast and adjust your plans and gear to suit

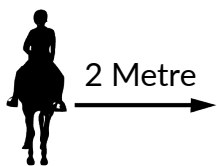


Avoid hotspots and choose quieter routes and times

## LEAVE SPACE



Be friendly and courteous to everyone you meet



Keep at least 2 m from other people and pass anyone you meet at a walk



Leave space for other car park users



Respect peoples' privacy, especially passing houses

## LEAVE NO TRACE



Don't damage paths



Clear dung from parking areas



Take your litter home



Move your horse off paths to dung, or dismount and kick dung to the side

For more detailed guidance see  
[www.bhs.org.uk/scotland](http://www.bhs.org.uk/scotland)